

Kidz Karousel Academy North

1106 Friendship Lane
Zachary, LA 70791

Breakfast
August 2021

225-286-4120
kidzkarouselzachary@gmail.com
TaxID: 352282942

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 milk whole wheat waffles bananas	4 milk cheese omelet peaches	5 milk whole wheat cinnamon toast apple slices	6 milk multi-grain pancakes pineapple tidbits
9 milk biscuits mandarin oranges	10 milk whole grain cream of wheat applesauce	11 milk whole grain oatmeal oranges	12 milk biscuits w/ white gravy tropical fruit	13 milk whole wheat pancake on a stick bananas
16 milk whole wheat french toast sticks fruit cocktail	17 milk biscuits peaches	18 milk whole grain cheerios bananas	19 milk whole wheat waffles pears	20 milk grits hasbrowns
23 milk whole grain blueberry muffin peaches	24 milk ww pancake on a stick bananas	25 milk whole grain oatmeal tropical fruit	26 milk whole wheat raisin bread applesauce	27 milk grits pears
30 Milk French Toast Sticks Orange Slices	31 Milk Whole Grain Cheerios Bananas			

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 milk cheeseburger on bun fruit cocktail garlic & butter green beans	4 milk bbq riblets tropical fruit mashed potatoes/ roll	5 milk cornbread & chili mandarin oranges peas	6 milk smothered pork chops & rice peaches cucumber slices
9 milk garlic bread, bbq pork riblets bananas baked potato casserole	10 milk rice chicken & sausage gumbo pears, peas	11 milk mac & cheese bbq riblets baked apples & peas	12 milk chicken spaghetti sensation salad Apple Wedges	13 milk dirty rice baked turkey apple sauce
16 milk chicken fettuccini w/ noodles broccoli & cheese orange slices	17 milk bbq beef on ww bun tator tots cantalope	18 milk chicken enchilada corn pineapple tidbits	19 milk spaghetti w/ meat sauce green salad oranges	20 milk grilled cheese ww bread coleslaw pineapple tidbits
23 milk rice dressing baked ham pear slices/ peas	24 milk beef stroganoff w/egg noodles apple slices Steamed Veggies	25 milk pulled pork w/ ww bun bananas sweet potato fries	26 milk oven fried chicken tropical fruit mashed potatoes	27 milk salisbury steak, rice & gravy pineapple tidbits green beans
30 Milk Salisbury Steak Rice & Gravy Peaches / Green Beans	31 Milk Spaghetti w/ Meat Sauce Mandarin Oranges Green Salad			

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED	3 100% fruit juice yogurt	4 100% fruit juice graham crackers	5 milk carrot sticks w/ ranch dressing	6 milk animal crackers
9 100% fruit juice whole grain cheerios	10 100% fruit juice Saltines	11 100% fruit juice whole grain cheerios	12 100% fruit juice graham crackers	13 milk orange slices
16 milk baby carrots & broccoli w/ ranch	17 water apple slices cheddar cheese cubes	18 100% fruit juice french fries	19 milk whole wheat muffin	20 100% fruit juice graham crackers
23 100% fruit juice whole wheat cinnamon toast	24 milk graham crackers	25 100% fruit juice yogurt	26 milk orange segments	27 100% fruit juice cheese sticks
30 100% Juice Cheese Sticks	31 100% Juice Goldfish			

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